

she got another note from Teddy. He then wrote that he had finished high school, third in his class, and she was still the best teacher he ever had in life. Four years after that, she got another letter, saying that while things had been tough at times, he'd stayed in school, had stuck with it, and would soon graduate from college with the highest of honours. He assured Mrs Thompson that she was still the best and favourite teacher he had ever had in his whole life. Then four more years passed and yet another letter came. This time he explained that after he got his bachelor's degree, he decided to go a little further. The letter explained that she was still the best and favourite teacher he ever had. But now his name was a little longer ... The letter was signed, Theodore F. Stoddard, MD.

There was yet another letter that spring. Teddy said he had met this girl and was going to be married. He explained that his father had died a couple of years ago and he was wondering if Mrs Thompson might agree to sit at the wedding in the place that was usually reserved for the mother of the groom. Of course, Mrs Thompson did.

Answers to questions on page 2

1. Hair is composed of 50.65% carbon, 20.85% oxygen, 17.14% nitrogen, 6.36% hydrogen, and 5.0% sulphur
2. Darker hair contains higher levels of carbon than blonde hair.
3. Lanugo hair.
4. Hair grows approximately one-half inch per month.
5. The average life span of a strand of hair is between 4 and 7 years.
 6. It is normal to shed between 75 -150 hairs per day.

And guess what? She wore that bracelet, the one with several rhinestones missing. Moreover, she made sure she was wearing the perfume that Teddy remembered his mother wearing on their last Christmas together.

They hugged each other, and Dr Stoddard whispered in Mrs Thompson's ear, "Thank you Mrs Thompson for believing in me. Thank you so much for making me feel important and showing me that I could make a difference."

Mrs Thompson, with tears in her eyes, whispered back, "Teddy, you have it all wrong. You were the one who taught me that I could make a difference. I didn't know how to teach until I met you!"

Teddy Stoddard is the doctor at Iowa Methodist in Des Moines that has the Stoddard Cancer Wing.



Did you know?

- A Saudi Arabian woman can get a divorce if her husband doesn't give her coffee.
- A shark can detect one part of blood in 100 million parts of water.
- The 57 on a Heinz ketchup bottle represents the number of ingredients in the sauce.
- A rat can last longer without water than a camel.
- A male emperor moth can smell a female emperor moth up to 7 miles away.

I am FREE—please take me home with you!

SNIPPETS

of hair-raising news

March 2010, Week 3

Why this free newsletter?

You may be wondering why you haven't seen this *Snippets* newsletter before ... the reason is that this is the very first! If you keep it long enough it will become so valuable, as a historical, vintage document, that your grandchildren will be able to buy *Marks & Spencer* when they sell it! However, we make no promises!

So, what is this *Snippets* newsletter for?

It's for you — to give you a smile, some interesting news and the opportunity for you to make a difference by telling us inspiring, positive and/or amusing stories. These stories can be of your own life or about others.

Do you feel good when you read positive and hopeful stories? We hope so! So, just as you feel better about good news stories, so you can help others feel better by the stories you send us. Don't be shy—you can make a difference.

Thank you!

Bring this newsletter with you to Snipz Hair salon and you'll receive a 20% discount on whatever you want done!

Alzheimers Test

The following was developed as a mental age assessment by the School Psychiatry at Harvard University. Take your time and see if you can read each line aloud without a mistake. The average person over 40 years of age cannot do it!

- This is this cat.
 - This is is cat.
 - This is how cat.
 - This is to cat.
 - This is keep cat.
 - This is an cat.
 - This is old cat.
 - This is fart cat.
 - This is busy cat.
 - This is for cat.
 - This is forty cat.
 - This is seconds cat.
- Now go back and read the third word in each line from the top down.



Hairdressing hints from the experts

Contouring with Highlighting and Colouring

By highlighting in certain areas of the head, you can balance the face shape . Here are face shapes and what highlighting can do for you...

Square shaped face..

To Minimize a strong jaw line you need highlights all around the face with the highlights on the ends only. Leaving the roots darker.

Round shaped face..

To Elongate and slim, you need highlights at the top of the head, leaving it darker on the sides.

Oval shaped face....

To Emphasize this classic shape, you need highlights all over.

Long shaped face...

To Create illusion of width, you need highlights heavy on the sides with a few through the top and bang area.

Small shaped face..

To Lengthen forehead and open up the face, you need highlights in the bangs and evenly placed around the face.

Triangle shaped face..

To Widen lower part of face, You need highlights around the jaw line and below with darker highlights outlining the face.

Hair quiz for really intelligent people (like you) *answers on page 4*

1. What are the four main components of hair?
2. What do you call the fine, downy hair that covers the cheeks and other parts of the face?
3. What makes hair dark or light?
4. How fast does hair grow?
5. What is the average life-span for a strand of hair?
6. How many hairs do we shed each day?

Unexpected Angels

As she stood in front of her 5th grade class on the very first day of school, she told the children an untruth. Like most teachers, she looked at her students and said that she loved them all the same. However, that was impossible because, there in the front row, slumped in his seat, was a little boy named Teddy Stoddard. Mrs Thompson had watched Teddy the year before and noticed that he did not play well with the other children, that his clothes were messy and that he constantly needed a bath. In addition, Teddy could be unpleasant. It got to the point where Mrs Thompson would actually take delight in marking his papers with a broad red pen, making bold X's and then putting a big "F" at the top of his papers.

At the school where Mrs Thompson taught, she was required to review each child's past records and she put Teddy's off until last. However, when she reviewed his file, she was in for a surprise. Teddy's first grade teacher wrote, "Teddy is a bright child with a ready laugh. He does his work neatly and has good manners ... he is a joy to be around..." His second grade teacher wrote, "Teddy is an excellent student, well liked by his classmates, but he is troubled because his mother has a terminal illness and life at home must be a struggle." His third grade teacher wrote, "His mother's death has been hard on him. He tries to do his best, but his father doesn't show much interest and his home life will soon affect him if some steps aren't taken." Teddy's fourth grade teacher wrote, "Teddy is withdrawn and doesn't show much interest in school. He doesn't have many friends and he

sometimes sleeps in class."

By now, Mrs Thompson realized the problem and she was ashamed of herself. She felt even worse when her students brought her Christmas presents, wrapped in beautiful ribbons and bright paper, except for Teddy's. His present was clumsily wrapped in the heavy, brown paper that he got from a grocery bag. Mrs Thompson took pains to open it in the middle of the other presents. Some of the children started to laugh when she found a rhinestone bracelet with some of the stones missing, and a bottle that was one-quarter full of perfume. But she stifled the children's laughter when she exclaimed how pretty the bracelet was, putting it on, and dabbing some of the perfume on her wrist.

Teddy Stoddard stayed after school that day just long enough to say, "Mrs Thompson, today you smelled just like my Mom used to."

After the children left, she cried for at least an hour. On that very day, she quit teaching reading, writing and arithmetic. Instead, she began to teach children. Mrs Thompson paid particular attention to Teddy. As she worked with him, his mind seemed to come alive. The more she encouraged him, the faster he responded. By the end of the year, Teddy had become one of the smartest children in the class and, despite her lie that she would love all the children the same, Teddy became one of her "teacher's pets."

A year later, she found a note under her door, from Teddy, telling her that she was still the best teacher he ever had in his whole life. Six years went by before

Continued on page 4